

# Overton Public School



401 7th Street,  
P.O.Box 310  
Overton, NE 68863

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## Triennial assessment results 2026

### Meet our team

- Mr. Mark Aten- Superintendent
- Mrs. Joan Gehrt - School Nurse
- Mrs. Cydney Weiss- Staff Wellness Coordinator
- Terah Smith- Kitchen manager
- Kathy Potter- parent

### Policy compliance results

<https://www.overtoneagles.org/vimages/shared/vnews/stories/663bccca22e5e4/Step%201%20-%20Model%20Wellness%20Policy%20Comparison%20Results.pdf>

### Wellness policy goals

1. Water be made available to students throughout the school day.
2. Students will be encouraged to engage in physical activity throughout the school day and will be provided opportunities to do so.
3. The district may partner with other individuals or entities in the community to support the implementation of this policy.

### Found on School Website

<https://www.overtoneagles.org/vimages/shared/vnews/stories/663bcd044bf27/Step%202%20-%20Progress%20in%20Reaching%20LSWP%20Goals.pdf>

### Key achievements

1. Overton has increased the number of water fountains/bottle fillers so our students have access to water throughout the day.
2. Overton has increased opportunities for students and staff to participate in physical activity throughout the day.
3. Students are taking on some of the responsibility of educating each other on healthy choices as well. Our FCCLA and FFA students have created posters educating their fellow students on proper hygiene and nutrition and provided opportunities for students to try new and healthy foods by hosting tastings during lunch. Our greenhouse provides fresh vegetables for our lunch line.

## **Next Steps**

While Overton has had great advances in the overall wellness of our school, we continue to seek individuals who would like to serve on this committee so advancement will continue into the future. Our wellness team will also continue to encourage more healthy snacks provided for our students during the day.